

COUPONS
INSIDE

Hello, BEAUTY!

ACTIVE & EFFORTLESS



EASY SUMMER FACE

HOW TO APPLY
SUNLESS TANNER

DIY BEARD OIL

WHOLE
FOODS
MARKET



SMART SWAPS FOR YOUR SUMMER LOOK

Whether you're heading for the beach, the mountains or a music festival, these simple swaps will make it easier to enjoy summer's simple pleasures.

Skip the heavy day cream and start with a moisturizing sunscreen for face.

Try **MyChelle Replenishing Solar Defense SPF 30**

Bid good-bye to blush and say hello to bronzer for a healthy-looking glow.

Try **Mineral Fusion Blonzer**

Waterproof mascara will see you through everything from swimming to sweltering summer days.

Try **Mineral Fusion Waterproof Mascara**

Ditch the lipstick and opt for light, shimmering color.

Try **Pacifica Enlightened Gloss**



No parabens or propylene glycol!



4 STEPS FOR A FLAWLESS SUNLESS TAN

1. Exfoliate
Removing dry, dead skin cells makes it easier to create an even glow.

2. Focus
Instead of slathering your whole body with sunless tanner, apply to one small section—such as calves or arms—at a time.

3. Blot
Elbows and knees tend to be drier and can absorb color more quickly. Dab them with a damp, dark-colored towel after application.

4. Allow to dry
Wait about ten minutes before you get dressed.

Try: **MyChelle Del Sol Sunless Tanner**



TIPS FOR SUMMER HAIR CARE

Keep your tresses looking terrific through sun, swimming, sweat and humidity!

- Wear a hat whenever possible to protect your hair from sun damage and discoloration.
- Drench dry ends with a conditioning mask or a few drops of **Acure Marula Oil**.
- Freshen up an oily scalp by dabbing witch hazel along the hairline.
- Fight frizz with a leave-in product, such as **Andalou Naturals Argan & Sweet Orange Styling Cream**.
- Wet hair thoroughly before swimming. Saturated hair absorbs less chlorine and saltwater.

DIY BEARD OIL

Want the secret to a well-groomed beard? This aromatic blend helps keep facial hair soft and manageable.

Great Father's Day Gift!

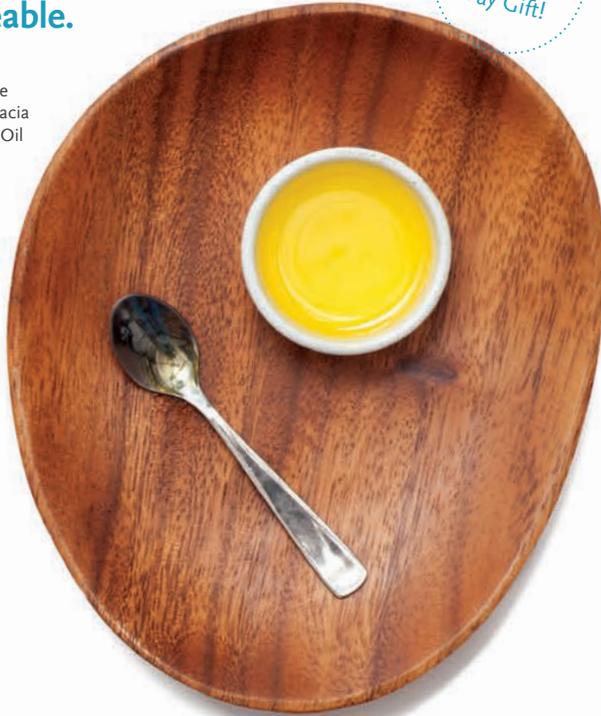
1 ounce
Aura Cacia
Jojoba Oil



1/2 ounce
whiskey or
grapeseed oil



6-8 drops
Aura Cacia
Sandalwood
Essential Oil
or Aura Cacia
Frankincense
Essential Oil



Combine essential oil and whiskey or grapeseed oil in a 2-ounce glass bottle. (A small funnel may come in handy.) Shake well to disperse oils. Add jojoba oil and shake again.

To use, apply a few drops to comb or palms of hands and work the oil into the beard.

Enjoy this recipe, but remember that essential oils can irritate sensitive skin, mucous membranes and eyes. Use wisely and keep out of reach of children. For external use only.

Love the accessories pictured inside? Find them or items similar in your local whole body department. Hat by Yellow 108, sunglasses by Blue Planet Eyewear, bag by The Blessing Basket Project.

Hello, Handsome!

Whether you're clean-shaven, bearded or somewhere in-between, improve your grooming routine with high-quality body care products that meet our legendary Quality Standards.



Rich and creamy **Every Man Jack Shave Cream** is formulated without parabens, phthalates or sodium lauryl sulfate.

Made with skin-balancing botanicals, **Dr. Hauschka Clarifying Toner** does double duty as a refreshing aftershave—without oxybenzone or other without synthetic skin conditioners.



TEAM MEMBER PICK

Desert Essence Gentle Stimulating Facial Scrub



Ted, North Wales, Pennsylvania



"I like Desert Essence Gentle Stimulating Facial Scrub because it helps rid my skin of dead skin cells, makes my skin glow and keeps this 52-year-old face looking young."



\$2.00 OFF

ANY ONE (1) EVERY MAN JACK PRODUCT
(excludes sample/travel sizes)

- High-quality men's grooming products
- No parabens, phthalates or SLS
- Never tested on animals



0 00003 04236 6

Redeemable only at Whole Foods Market®. Limit one coupon of specified product per individual. Void if altered, transferred, reproduced, exchanged, sold or where prohibited or restricted by law. No monetary value. Valid only in the USA. Expires July 31, 2015



\$3.00 OFF

ANY ONE (1) MINERAL FUSION COSMETIC PRODUCT

- Luxurious mineral-based makeup
- No parabens, talc or SLS
- Never tested on animals



0 00003 04239 7

Redeemable only at Whole Foods Market®. Limit one coupon of specified product per individual. Void if altered, transferred, reproduced, exchanged, sold or where prohibited or restricted by law. No monetary value. Valid only in the USA. Expires July 31, 2015